An introduction to ReSPECT
# hello my name is...
An introduction to **Re**commended **Summ**ary **P**lan for **E**mergency **C**are and **T**reatment

**Recommended Summary Plan for Emergency Care and Treatment**
ReSPECT is about planning a person’s clinical care in the event of a future emergency when they might be unable to make or express choices.
Who has developed ReSPECT?

ReSPECT is supported by

[Image with various logos of supporting organizations]
ReSPECT is a process of conversations and communication
In the West of England, using a standardised ReSPECT form will make it easier for health and care professionals to find the information they need in emergencies.

#DyingMatters
#AreWeReady
The West of England AHSN is providing coordination and support to enable a collaborative system-level implementation of ReSPECT.
ReSPECT can be for anyone who wants to record their care and treatment preferences, but particularly those with complex health needs, are likely nearing the end of life, or at risk of sudden deterioration.

#DyingMatters
#AreWeReady
How to recognise the form

- About the person and their health
- Patient details
- Preferences for care
- Clinical recommendations for care
- Resuscitation (CPR) decision

Recommended Summary Plan for Emergency Care and Treatment
The ReSPECT process is about conversations and the form is there to support it.

#DyingMatters
#AreWeReady
There are 9 sections to the form.

1. **Personal details**
2. **Summary of relevant information for this plan**
3. **Personal preferences to guide this plan (when the person has capacity)**
4. **Clinical recommendations for emergency care and treatment**
5. **Capacity and representation at time of completion**
6. **Involvement in making this plan**
7. **Clinician’s signatures**
8. **Emergency contacts**
9. **Confirmation of validity (used when the form is reviewed)**
ReSPECT – what’s needed?

A change of culture from:
• health and care professionals
• members of the public

Are you ready to embrace it?
What next?

Complete e-learning

https://learning.respectprocess.org.uk

Visit www.weahsn.net/respect for more information and resources

Contact respect@weahsn.net