

COPD Discharge Bundle

Bristol Royal Infirmary



Aim

To deliver brief smoking cessation advice and guidance to registered nurses and nursing assistants on medicine wards within the BRI.

What did they do?

- Refreshed and updated, where necessary, the smoking cessation PowerPoint
- Update all patient information smoking cessation leaflets with up-to-date contact details, websites and telephone numbers.
- Delivered brief intervention training to as many registered nurses and nursing assistants throughout the medicine wards as possible.

Outcome

A total of 40 colleagues were spoken to with a concentration upon the respiratory and liver wards. Stroke, endocrine and care of the elderly were also visited. Staff trained included senior staff nurses, staff nurses, nursing assistants and student nurses.

Next steps

- Discuss with Head of Nursing how feasible a change to the 'ward assessment' booklet is and whether it is possible to include a smoking cessation, alcohol and drug section.
- Suggestion to include the question 'Do you smoke?' on the initial ward assessment paperwork along with 'Are you looking at giving up?' or 'Would you like some information on giving up?' to help to bring the question to the forefront of the initial admission.