

National Early Warning Score (NEWS)

PHYSIOLOGICAL PARAMETERS	3	2	1	0	1	2	3
Respiration Rate	≤8		9 - 11	12 - 20		21 - 24	≥25
Oxygen Saturations	≤91	92 - 93	94 - 95	≥96			
Any Supplemental Oxygen		Yes		No			
Temperature	≤35.0		35.1 - 36.0	36.1 - 38.0	38.1 - 39.0	≥39.1	
Systolic BP	≤90	91 - 100	101 - 110	111 - 219			≥220
Heart Rate	≤40		41 - 50	51 - 90	91 - 110	111 - 130	≥131
Level of Consciousness				A			V, P, or U

Concern about a patient should lead to escalation, regardless of the score.

Your guide to NEWS for **normally well patients** (not pregnant or under 16 years old)

3 Threat

The patient's vital signs are indicating they may not be physiologically at full health and there is a **risk** they could deteriorate. Consider whether acute referral is required or whether the patient can be safely monitored at home.

5 refer

or a score of **3** in any individual parameter

The patient needs an **urgent** medical review in an acute care setting. The RCP recommends **hourly** observations by an acute clinician: consider whether escalation for critical care is required.

7 SEvere

The patient needs an **emergency** medical review in an acute care setting. The RCP recommends **continuous** monitoring by an acute critical care team. In an acute setting this should prompt escalation to a critical care outreach team and probable transfer to a high dependency setting.

Think sepsis. Time = life. Does the patient look ill? Are they triggering an early warning score? Are there signs of infection? Chemotherapy in last 6 weeks? This could be sepsis. **Check for red flags.**